JUDY HO

PhD, ABPP, ABPdN, CFMHE
Professor of Psychology, Pepperdine University GSEP
Diplomate, American Board of Professional Psychology
Diplomate, American Board of Pediatric Neuropsychology
Diplomate, National Board of Forensic Evaluators
Board of Psychology CA License #22809

EDUCATION

Bachelor of Arts, Psychology, May 2001
University of California, Berkeley
Honors Thesis: Are Role Models Important? (Advisor: Oliver John)

Bachelor of Science, Business Administration, May 2001
Walter A. Haas School of Business, University of California, Berkeley
Emphasis: Organizational Behavior

Master of Science, Clinical Psychology, May 2004
San Diego State University
Thesis: Race/ethnicity, parental cultural affiliation and youth mental health service use (Advisor: May Yeh)

Doctor of Philosophy, Clinical Psychology, June 2007
San Diego State University and University of California San Diego School of Medicine
Dissertation: Parent/youth attributions, acculturation, and youth treatment engagement (Advisor: May Yeh)

LICENSURE AND BOARD CERTIFICATIONS

California Board of Psychology, Clinical Psychologist, License Number 22809
American Board of Professional Psychology, Board Certified in Clinical Child and Adolescent Psychology
American Board of Pediatric Neuropsychology, Board Certified Pediatric Neuropsychologist
National Board of Forensic Evaluators, Board Certified Forensic Mental Health Evaluator

CLINICAL AND FORENSIC EXPERIENCE

Licensed clinical psychologist in the state of California, American Board of Professional Psychology Diplomate, American Board of Pediatric Neuropsychology Diplomate, and National Board of Forensic Evaluators Diplomate with over 25 years of clinical training and experience through a combination of formal education, specialized training protocols, practicum and internship placements, specialty fellowship placement, inpatient hospitals, outpatient clinics, school-based treatment initiatives, and private practice.

Retained in approximately 600 civil matters since 2013, approximately 50% plaintiff-retained and 50% defense-retained. Retained in approximately 10 criminal matters over the same period. Deposed approximately 135 times; testified at trial or arbitration approximately 85 times. Practice areas: emotional damages; employment discrimination and harassment; mental and medical personal injury; cognitive and psychological fitness for duty; professional board actions and licensing disputes; traumatic brain injury and dementing disorders; impact of sexual and physical abuse or assault; malingering, secondary gain, and response-bias assessment; psychological state at the time of offense; and competency to stand trial. Testimony list with case numbers, jurisdictions, and retaining party, and the current fee schedule, available upon request.

Received Board Approved Evaluator status for a variety of Professional Boards. Provide forensic and neuropsychological evaluation services, and oversight on evidence-based protocols, to national organizations and treatment programs; individual engagements and their dates appear in the positions listed below.

Conduct a variety of assessments including psychodiagnostic, neuropsychological, and psychoeducational testing used in forensic and treatment settings. Emphasize state of the art, psychometrically validated, empirically supported, best practices protocols in all evaluation plans. Areas of forensic and neuropsychological evaluation expertise include traumatic brain injury, dementing disorders, complex diagnoses, board actions and professional licensing disputes, emotional damages, cognitive and psychological fitness for duty for professional careers, impact of sexual and physical abuse/assault, mental and medical personal injury, assessment of psychological state at the time of the offense, assessment of competency to stand trial, malingering and secondary gain issues, and employment discrimination and harassment.

Intervention specialties include scientifically driven, evidence-based, solution-focused approaches such as Cognitive Behavioral Therapy, Behavior Modification, Dialectical Behavior Therapy, and Acceptance and Commitment Therapy with extensive experience pertaining to complex clients with Dual Diagnoses and Personality Disorders.

08/10–present	**Private Practice of Dr. Judy Ho, *Proprietor and Neuropsychologist/Clinician*** Provide comprehensive assessment/evaluation services for psychoeducational testing and neuropsychological testing for purposes including 1) diagnoses and treatment planning of complex, dual-diagnoses patients of all ages, 2) use in school systems including the development of an Individualized Educational Plan (IEP) to qualify for appropriate special education services and for attaining accommodations through collegiate and board exam levels, 3) disability evaluations, and 4) forensic evaluations. Identify and develop opportunities for pro bono work with low-income clients and offer parenting group services free of charge to families in the Los Angeles community. Prioritize high-quality training in specialty areas such as psychological testing and culturally-appropriate services through continuing education and peer consultations. Deliver empirically supported interventions to youth and adults in individual and group formats.
10/24–present	**Consulting Team Psychologist, Los Angeles and San Diego Clippers** Serve as the consulting psychologist for both the LA Clippers and their G-League affiliate, the SD Clippers, providing expertise in clinical and neuropsychology, mental wellness, and team dynamics. Collaborate with coaching, medical, and performance staff to deliver integrated assessment and care addressing players' mental health, emotional resilience, and psychological readiness. Conduct confidential psychological assessments, brief therapy, and crisis intervention as needed to support athletes' well-being on and off the court. Upon request, design and implement individualized and team-based interventions aimed at enhancing mental performance, managing stress, and improving focus, motivation, and interpersonal communication. Upon request, lead workshops and educational sessions on topics such as mindfulness, identity development, resilience, leadership, and transition support. Contribute to organizational culture initiatives by advising leadership on psychological safety, cohesion, and mental performance strategies aligned with team goals.
01/18–present	**Milestones Ranch Malibu, *Consulting Neuropsychologist*** Provide comprehensive clinical assessment services and conduct neuropsychological testing for residential treatment patients at a Malibu treatment center. Design and implement individualized assessment batteries for each patient based on clinical intake, records review, and presenting complaints. Create neuropsychological and psychodiagnostic reports for treatment planning, and provide feedback sessions to client and client's clinical care team. Collaborate in interdisciplinary treatment teams which

	include nurses, therapists, psychologists, psychiatrists, and administrative staff and provide reports to treatment team and family members.
06/17–09/18	**Center for Professional Recovery, *Forensic Psychologist*** Delivered comprehensive diagnostic evaluations for professionals struggling with addiction and other mental health issues. Designed and implemented assessment batteries for each patient based on clinical intake, records review, and presenting complaints. Created neuropsychological and psychodiagnostic reports for treatment planning, reviewed pertinent case files and medical records, conducted collateral interviews, and provided feedback sessions to the client and the client's care team.
04/14–present	**Kaiser Permanente Risk Management, *Consulting Evaluation Psychologist*** Provide comprehensive evaluation services to physicians employed at Southern California Permanente Medical Group to assess cognitive and psychological fitness-for-duty, co-occurring clinical and alcohol/drug issues, and behavioral disruptiveness, occupational and emotional functioning, and risk management. Design and implement individualized assessment batteries for each physician based on clinical intake, records review, and presenting complaints, and consult with Kaiser Permanente risk management staff and administration. Create behavioral plans and recommendations for the physician, Kaiser Permanente's risk management staff, and Kaiser Permanente's administration, and facilitate follow-up communication with individuals to ensure transition into recommended services and transition back to work environment once deemed fit for duty.
08/13–08/17	**Promises Treatment Centers, *Forensic Psychologist and Consulting Neuropsychologist*** Delivered comprehensive clinical assessment services to patients in the Professional Treatment and Direct Admit residential programs for drug and alcohol addiction and dual diagnoses at the Santa Monica, California center. Designed and implemented individualized assessment batteries based on clinical intake, records review, and presenting complaints. Created neuropsychological and psychodiagnostic reports, reviewed case files and medical records, conducted collateral interviews, and informed key treatment staff of findings at team meetings.
09/11–08/20	**Bridges To Recovery, *Consulting Neuropsychologist and Primary Therapist*** Provided comprehensive clinical assessment services and conducted neuropsychological testing for residential treatment patients at Bel Air, Pacific Palisades, and Santa Monica, California centers. Designed and implemented individualized assessment batteries, created neuropsychological and psychodiagnostic reports, and provided feedback to clients and their care teams. Administered evidence-based cognitive behavioral therapy, dialectical behavior therapy, and acceptance and commitment therapy to clients as primary therapist four times weekly while they were active in treatment.
05/11–09/15	**Centers for Disease Control and Prevention, Legacy for Children™, *Neuropsychological Assessment Field Data Collection Trainer and Fidelity/Quality Assurance Supervisor*** Created and led the training program for field research associates and supervised follow-up data collection for Legacy for Children™, a dual-site evidence-based program whose aim is to improve child outcomes by promoting positive parenting among low-income mothers of infants and young children by focusing on parental responsibility, sensitive mother-child relationships, mother's self-efficacy, and sense of community through parenting group sessions, home visits, and community-building activities. Delivered comprehensive education plans to 8 field assessors collecting neuropsychological/psychoeducational data utilizing the Woodcock-Johnson III NU Tests of Achievement (WJ-III Ach) and Kaufman Assessment Battery for Children – Second Edition (KABC-II) for the University of California Los Angeles site. Created and implemented certification protocol and drift testing procedures for Legacy's 8 Los Angeles

	field assessors, conducted examinations and provided feedback. Standardized testing protocols in compliance with Legacy's other data collection site, University of Miami.
03/12–09/12	**Vericare**, ***Neuropsychologist and Clinical Psychologist*** Delivered clinical services including cognitive behavioral therapy, behavioral management, treatment coordination, and assessment/testing services to long-term residents at various nursing facilities. Designed and implemented individualized assessment batteries for each patient based on clinical intake and records review. Provided evidence-based psychological treatments for individuals with dementia including Alzheimer's disease, Parkinson's disease, and physical disorders to assist with their transition to long-term care.
08/09–10/11	**Community Partners in Care (CPIC),** ***Cognitive Behavioral Therapy Supervisor/Trainer*** Led cognitive behavioral therapy training to provide evidence-based resources to mental health professionals in Los Angeles. Implemented training/consultation system including in-person seminars, web conferences, and video-assisted telephone training to over 50 clinicians and therapy providers in the Los Angeles community. Systematized assessment procedures for clients with depressive symptoms. Wrote and disseminated "CPIC Therapist Handbook" to streamline development of treatment plans for community mental health providers. Adapted and edited "CPIC Cognitive Behavioral Therapy Individual Manuals – Provider and Client versions" from original group manuals for use in individual sessions. Supervised 5 community clinicians at an inpatient alcohol/drug treatment site in direct one-on-one and group consultation meetings, reviewed audiotaped CBT sessions, and utilized standardized evaluation forms to assess progress, facilitate feedback, and suggest areas for further training.
06/08–08/09	**REACH-New Orleans Louisiana (REACH-NOLA),** ***Cognitive Behavioral Therapy Trainer*** *Supervisor*: *Jeanne Miranda, PhD, Ken Wells, MD* Disseminated evidence-based treatments for depression and anxiety to local community mental health leaders in New Orleans, LA. Supervised therapists' implementation of manualized cognitive behavioral treatment via video/audio assisted consultations. Increased inter-agency collaboration among local health/mental health providers. Designed and presented cognitive behavioral training seminars for more than 300 local health providers in the New Orleans community.
07/06–07/07	**University of California San Diego Eating Disorders Program,** ***Psychology Intern and Trainer*** *Supervisor: Elise Curry, PsyD* Provided Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Art Therapy, Mindfulness Therapy, and Acceptance and Commitment Therapy, Family-Based Treatment (Maudsley), and Systemic Therapy to individuals, families, and groups in an intensive outpatient program for eating disorders. Developed treatment plans and directed assessment and evaluation of treatment outcomes and discharge planning. Administered intake interviews, psychoeducational testing, and psychodiagnostic assessments. Supervised 4 doctoral level practicum students on psychological testing protocols and instruments. Presented clinical cases in university Grand Rounds seminars.
07/06–07/07	**University of California San Diego Child and Adolescent Psychiatric Services,** ***Psychology Intern, Neuropsychological Examiner, and Trainer*** *Supervisor: Sandra J. Brown, PhD* Delivered Solution Focused Therapy, Behavioral Management, Parent Training, Interpersonal Therapy, Cognitive Behavioral Therapy, and Motivational Interviewing to individuals, families, and groups in an inpatient psychiatric facility for youth age 5-18. Conducted intake interviews, standardized psychoeducational testing, and psychodiagnostic assessments. Coordinated treatment planning and coordinated referrals for youth with Mood Disorders, Anxiety Disorders, Schizophrenia, drug and alcohol

	addiction disorders, and Suicidal History. Supervised five psychology externs in assessment and therapeutic techniques for youth with severe psychopathology.
07/05–07/06	**UCSD Child/Adolescent Psychiatric Services, *Extern Therapist/Neuropsychological Examiner*** *Supervisor: Sandra J. Brown, PhD* Produced 12 complete neuropsychological assessment reports for youth inpatients with Axis I Disorders, Autism, Academic and Social Difficulties, and mild intellectual disability. Developed individualized assessment evaluations to optimize treatment plan development and follow-up care recommendations. Implemented standardized psychoeducational testing, psychodiagnostic assessments, and behavioral observation systems. Facilitated group therapy sessions and supported activity programming for youth age 5-18.
07/04–07/05	**Children's Hospital San Diego Developmental Behavioral Pediatrics Clinic**, ***Extern Therapist and Neuropsychological Evaluator*** *Supervisors: Martin Stein, MD, and Tia Hubbard, MD* Led psychotherapy arm of an interdisciplinary treatment team working with youth age 5-17 with emotional/behavioral problems including Autism, Asperger's Disorder, Attention Deficit Hyperactivity Disorder, Oppositional Defiant Disorder, Conduct Disorder, Depression, Anxiety, and Phobias. Conducted neuropsychological and behavioral assessments, behavioral observations, cognitive behavioral therapy, parent management training, and behavioral modification for youth and families. Streamlined psychological intake assessment procedures and produced clinic assessment guide for therapists.
07/04–07/05	**University of California San Diego Perlman Ambulatory Clinic, *Extern Therapist and Neuropsychological and Psychoeducational Evaluator*** *Supervisor: Ellen Heyneman, MD* Established psychological services in a family medicine clinic for youth seeking treatment for both medical and emotional/behavioral problems including academic difficulties, Learning Disorders, Oppositional Defiant Disorder, Attention Deficit Hyperactivity Disorder, Mood Disorders, and Anxiety Disorders. Implemented solution focused therapy, cognitive behavioral therapy, behavioral management, and parent training to youth and families. Coordinated comprehensive care plans with patient's primary physician and other care providers. Directed school behavioral observations and recommended classroom modifications to teachers.
09/02–05/05	**University of California, San Diego Sleep Disorders Clinic**, ***Neuropsychological Examiner*** *Supervisor: Barton Palmer, PhD* Implemented neuropsychological testing and evaluated longitudinal cognitive functioning of 25 geriatric patients with sleep apnea. Identified major declines in cognitive skills and daily functioning and informed study personnel, research participants, and their families of results. Presented assessment findings to treatment planning team to aid decision-making.
07/03–07/04	**San Diego State University Psychology Clinic**, ***Extern Therapist*** *Supervisors: Vanessa Malcarne, PhD, and Rick Schulte, PhD* Delivered cognitive behavioral therapy, solution focused therapy, interpersonal therapy, behavioral management, parent training, and motivational interviewing for individuals (youth and adults), couples, families, and groups. Developed treatment plans and coordinated follow-up care for clients with Mood Disorders, Anxiety Disorders (e.g., Obsessive Compulsive Disorder, Selective Mutism), Attention Deficit Hyperactivity Disorder, Oppositional Defiant Disorders, Eating Disorders, Substance Use Disorders, relationship difficulties, and academic problems.
10/01–08/02	**Lincoln Child Center, Oakland, CA**, ***Mental Health Resource Specialist/Milieu Therapist*** *Supervisor: Tracy Chapman, PhD* Developed individualized treatment plans and implemented behavioral management, conflict management, and social skills training to Emotionally Disturbed (ED) children

	ages 4-18 in a residential treatment center. Designed classroom modifications and planned follow-up care to help mainstream patients into less restrictive settings and public schools.
05/00–09/00	**Quest Camp**, ***Facilitator/Counselor*** *Supervisor: David Watt, PhD* Directed programming of daily activities aimed at increasing social and academic skills for children ages 5-17 with mild-moderate emotional/behavioral problems in summer camp. Implemented social skills training, behavioral management techniques, and play therapy to youth in group sessions. Designed follow-up programs for youth and families and adapted successful therapeutic techniques for use at home and school. Directed teams of 3-6 counselors to deliver therapeutic interventions to youth. Provided social support to families via in-person and phone consultations.
06/99–06/00	**Hinshaw/Zupan ADHD Summer Program**, ***Counselor*** *Supervisor: Stephen Hinshaw, PhD* Managed and organized an after school program for children ages 6-12 with ADHD. Structured classroom environment and utilized behavioral management techniques to increase positive behaviors and improve academic functioning. Collected and analyzed quantitative and qualitative behavioral observation data to assess baseline and longitudinal functioning of children ages 6-12 with ADHD.

PUBLICATIONS

Books

Ho, J. (2024). *The New Rules of Attachment: How to Heal Your Relationships, Reparent Your Inner Child, and Secure Your Life Vision*. Hachette Book Group, New York, NY.

Dubrow, M., & Ho, J. (2021). *I'll Give It to You Straightish: What Your Teen Wants You to Know*. Flashpoint Publications.

Ho, J. (2019). *Stop Self-Sabotage: Six Steps to Unlock Your True Motivation, Harness Your Willpower, and Get Out of Your Own Way*. HarperCollins, New York, NY.

Books Under Contract

Ho, J. *Stop Doing Life Alone: The Core 3 Method to Move Out of Survival Mode and Unlock Your Full Potential* (working title). Under contract with St. Martin's Press (Macmillan), New York, NY. Manuscript due July 2027.

Edited Volumes

Ho, J. (Ed.). (2013). *Immigrants: Acculturation, Socioeconomic Challenges and Cultural Psychology*. New York, NY: Nova Publishers.

Peer-Reviewed Journal Articles

Yeh, M., Aarons, G. A., Ho, J., Leslie, L., McCabe, K., & Hough, R. L. (2014). Parental etiological explanations and longitudinal medication use for youths with attention deficit hyperactivity disorder. *Administration and Policy in Mental Health, 41*(3), 401–409. https://doi.org/10.1007/s10488-013-0477-5

Ho, J., Lau, A., Yeh, M., & McCabe, K. (2012). Perceptions of the acceptability of parent training among Chinese immigrant parents: Contributions of cultural factors and clinical need. *Behavior Therapy, 43*(2), 436–449.

Ho, J., Yeh, M., McCabe, K., & Hough, R. L. (2007). Parental cultural affiliation and youth mental health service use. *Journal of Youth and Adolescence, 36*(4), 529–542. https://doi.org/10.1007/s10964-006-9114-x

Yeh, M., Forness, S., Ho, J., McCabe, K., & Hough, R. L. (2004). Parental etiological explanations and disproportionate racial/ethnic representation in special education services for youth with emotional disturbance. *Behavioral Disorders, 29*, 348–358.

Book Chapters

Ho, J., Moss, N., & Yeh, M. (2014). Assessment of childhood behavioral disorders. In L. T. Benuto, N. Thaler, & B. D. Leany (Eds.), *Guide to Psychological Assessment with Asian Americans* (pp. 367–391). New York, NY: Springer.
Ho, J., Moss, N., & Yeh, M. (2014). Special considerations. In L. T. Benuto, N. Thaler, & B. D. Leany (Eds.), *Guide to Psychological Assessment with Asian Americans* (pp. 361–366). New York, NY: Springer.
Ho, J., Rogers, G., & Anderson, K. (2013). African immigrants: Mental health status and barriers in professional mental health service use. In J. Ho (Ed.), *Immigrants: Acculturation, Socioeconomic Challenges and Cultural Psychology*. New York, NY: Nova Publishers.
Barton, J., Kaplan, A., Moss, N., & Ho, J. (2013). Corporal physical punishment today: The history, effect and long-term implications. In N. Castro (Ed.), *Psychology of Punishment: New Research*.
Ho, J., & Daniels, S. (2011). Acculturation and mental health care for Latino and Asian youth. In T. M. Johnson (Ed.), *Acculturation: Implications for Individuals, Families, and Societies*. Hauppauge, NY: Nova Science Publishers.
Ho, J., McCabe, K., Yeh, M., & Lau, A. (2009). Evidence-based treatments for conduct disorder among ethnic minorities. In R. C. Murrihy, A. D. Kidman, & T. H. Ollendick (Eds.), *Clinical Handbook of Assessing and Treating Conduct Problems in Youth* (pp. 455–488). New York, NY: Springer Publishing.
Ho, J., Liang, J., Martinez, J., Huang, C., & Yeh, M. (2006). Racial and ethnic disparities in mental health care for youth. In E. V. Metrosa (Ed.), *Racial and Ethnic Disparities in Health and Health Care* (pp. 149–204). Hauppauge, NY: Nova Science Publishers.

Unpublished Treatment Manuals and Manuscripts
Ho, J., et al. (2017). Nutritional and Psychoeducational Support for Parents (NAPS) Psychoeducation Manuals.
Ho, J., et al. (2015). Psychoeducational Program for School-Aged Families and Educators (PEP4SAFE) Parent and Teacher Psychoeducation Manuals.
Ho, J., et al. (2012). Students in Theater Arts Advancing Psychological, Educational, and Social Functioning (STAGES) Summer Program for At-Risk Children in JUMP START.
Ho, J., et al. (2012). Students in Theater Arts Advancing Psychological, Educational, and Social Functioning (STAGES) Social Skills Program for At-Risk Children and Families.
Ho, J., et al. (2011). Students in Theater Arts Advancing Psychological, Educational, and Social Functioning (STAGES) Storytelling Program.

PRESENTATIONS AND INVITED TALKS

Invited Keynotes, Featured Talks, and Panels
Ho, J. (October 3, 2026). *The New Psychology of Self-Leadership: Burnout Recovery, Inner Voice Repair, and the Science of Thriving*. Keynote speaker, APA Trust National Practice Conference, Chicago.
Ho, J. (September 25, 2026). *Before You Take the Stand: A Pediatric Forensic Neuropsychologist's Guide to Battery Design, Documentation, and Reports That Survive the Courtroom*. Featured speaker, American Academy of Pediatric Neuropsychology Forensic Symposium, Anaheim.
Ho, J. (September 19, 2026). *My ADHD Built This: A Workshop for Founders Whose Brains Won't Slow Down*. Featured speaker, Create & Cultivate Festival, Los Angeles.
Ho, J. (September 2, 2026). *Recognition, Evaluation and Management of Physician Impairment and Disability*. Featured speaker, Providence St. John's Health Center.
Ho, J. (May 1, 2026). *Rethinking Teams: Unlocking the Power of Strong Team Relationships and Interconnectedness for Work Success and Thriving*. Featured speaker, Work Congress 2026.
Ho, J. (March 21, 2026). *Digital Mastery for Forensic Psychologists: Streamlining Professional Demand and Self-Care Tools*. Featured speaker, American College of Forensic Psychology Annual Conference.
Ho, J. (March 16, 2026). *Trial By Expertise: Lawyers and Experts Collaborate*. Featured panelist, Los Angeles County Bar Association Labor and Employment Law Symposium.
Ho, J. (December 9, 2025). *Break free from Self-Sabotage*. Featured speaker, Blinkist Live.
Ho, J. (September 13, 2025). *The New Psychology Of Self-Leadership: Burnout Recovery, Inner Voice Repair, And The Science Of Thriving*. Keynote speaker, California Psychological Association Annual Conference.

Ho, J. (June 17, 2025). *Tiburon Able, Beat! and WUT Present A Coffee Chat with Shanti Das & Dr. Judy Ho*. Featured speaker, EA Sports.
Ho, J. (April 29, 2025). *Mental Health Awareness Kickoff*. Featured speaker, US Bank.
Ho, J. (April 25, 2025). *Digital Mastery for Neuropsychologists: Streamlining Professional Demand and Self-Care Tools*. Featured speaker, American Academy of Pediatric Neuropsychology Annual Conference.
Ho, J. (March 19, 2025). *Breaking Through Imposter Syndrome: Embrace Your Worth, Elevate Your Success*. Keynote speaker, Anderson.
Ho, J. (March 6, 2025). *Flourish and Flow: How to go from Chronic Burnout to Joyful Engagement*. Keynote speaker, Annual Napa Valley Wellness Conference.
Ho, J. (February 5, 2025). *Transforming Self-Talk through Attachment and Reparenting Strategies*. Featured speaker, Alumni Learning Consortium.
Ho, J. (November 18, 2024). *Creating a Strong Mental Health Foundation for Children and Their Families*. Featured speaker, An Evening Celebrating the Work of the Barbara Sinatra Children's Center.
Ho, J. (August 14, 2024). *Revitalize*. Panelist, MindBodyGreen.
Ho, J. (July 26, 2024). *Are You Surviving or Thriving? Connecting Women of Color to Better Mental and Physical Health*. Panelist, ColorComm Presented by Johnson & Johnson.
Ho, J. (May 4, 2024). *All Things Precious: Gems, Sustainable Manufacturing, & You*. Women's Jewelry Association Regional Educational Event: In the Know.
Ho, J. (May 1, 2024). *Rethinking Teams: Unlocking the Power of Strong Team Relationships and Interconnectedness for Work Success and Thriving*. Work Congress 2024.
Ho, J. (April 17, 2024). *The New Rules of Attachment*. California Institute of Integral Studies.
Ho, J. (April 6, 2024). *Negative Self Talk is Holding You Back. Let's Fix It*. TEDx Reno: Disruption.
Ho, J. (March 22, 2024). *Women's History Month Panel: Celebrating Female Leaders and Experts*. IMS Legal.
Ho, J. (October 15, 2023). NeuroGym's 10th Annual BrainAThon, NeuroGym and John Assaraf.
Ho, J. (August 24, 2023). *Unraveling the Impact of Substance Abuse on Adolescent Brain Development*. American Board of Pediatric Neuropsychology.
Ho, J. (May 22, 2023). *Stop Self-Sabotage*. Chief.
Ho, J. (March 16, 2023). *Stop Self-Sabotage*. Metropolitan Transportation Authority New York.
Ho, J. (February 28, 2023). *Flourish and Flow: Harness Your Strengths, Cultivate Joy and Meaningful Connection, and Develop Your Personalized Resiliency Plan*. Los Angeles Philharmonic, Equity, Diversity, and Inclusion Wellness Event.
Ho, J. (December 13, 2022). *Mental Wellbeing and Tackling Holiday Blues*. NBA Global Media and Partnerships Team.
Ho, J. (October 7, 2022). *Harness Your Strengths and Cultivate Joy through Individualized Self-Care*. Pepperdine University Leadership Conference.
Ho, J. (May 26, 2022). *Building Emotional Strength in Kids*. LACMA Public Health Council.
Ho, J. (May 12, 2022). *Wellness and Thriving*. Constellation Brands Annual Conference.
Ho, J. (April 7, 2022). *What's Your Personality Type? Ways to work and play better*. Ingram Micro Staff Conference.
Ho, J., & Kittleson, K. (April 5, 2022). *Imposter Syndrome: Impacts and Improving Your Life and Professional Performance*. Amazon Staff Conference.
Ho, J. (March 28, 2022). *What's Your Type: How to Use Your Strengths to Improve Your Communication and Performance*. Costa Mesa Sanitary District Staff Conference.
Ho, J., & Kittleson, K. (March 8, 2022). *Imposter Syndrome and Mental Wellness*. Vendavo Staff Conference.
Ho, J. (October 13, 2021). *Wellness Webinar*. Soundcloud Staff Conference.
Ho, J. (May 19, 2021). LVMH Mental Health Awareness Seminar.
Ho, J. (May 17, 2021). *Beating Physician Burnout: New Insights and Strategies to Promote Resilience*. Hoag Medical Center Physician Meeting.
Ho, J. (May 11, 2021). *Self-Care and Wellness: How to Pivot and Thrive in the Current Environment*. GHJ Women's Empowerment Committee.
Ho, J. (April 10, 2021). *Warning Signs of Abusive Relationships and Evidence-Based Strategies for Healing from Trauma*. Trauma Recovery Summit.

Ho, J. (April 7, April 28, May 19, 2021). *Raising Resilient Girls 3-Part Series*. Girl Scouts of Greater Los Angeles.
Ho, J. (February 1, 2021). *What's Your Type? Harnessing Your Strengths to Live Your Best Life*. Virtual Women's Expo.
Ho, J. (October 16, 2020). *What's Your Type? Building Strength Together*. Asian Real Estate Association Virtual Convention.
Ho, J. (October 10, 2020). *Stop Self-Sabotage*. The Hearth World Mental Health Day Virtual Conference.
Ho, J. (August 16, 2020). *Stop Self-Sabotage*. Face It Virtual Conference.
Ho, J. (July 7, 2020). *Preserving Mental Health Resilience and Coping During the Covid-19 Pandemic and Beyond at Kaiser Downey*. Downey, CA.
Ho, J. (July 1, 2020). *Building Resilience and Reducing Burnout During Stressful Times*. Ticketmaster/LIVE Nation Mental Health Awareness Talk, Los Angeles, CA.
Ho, J. (June 30, 2020). *Beating Burnout: New Insights and Strategies to Promote Resilience*. Virtual Workshop for LiveNation and Ticketmaster.
Ho, J. (June 17, 2020). *The Kaleidoscope of Available Treatments: A Primer on Well-Known Interventions and Lesser Known Alternatives*. National Alliance of Mental Illness By the Beach, Malibu, CA.
Ho, J. (April 24-26, 2020). *Beating Burnout: New Insights and Strategies to Promote Resilience*. Invited speaker, American Academy of Pediatric Neuropsychology Annual Conference, Las Vegas, NV.
Ho, J. (February 9, 2020). *Burnout Busters for Your Personality Type*. Keynote speaker, Parents Working for Children Luncheon, Los Angeles, CA.
Ho, J. (February 4, 2020). *The Science of Self-Care*. Featured speaker, The Gift of Self-Care Conference, Malibu, CA.
Ho, J. (January 30, 2020). *Unlock Your Motivation and Harness Your Willpower*. Keynote speaker, Manatt Women's Initiative Summit, Culver City, CA.
Ho, J. (January 25, 2020). *Self-Care for Your Personality Type*. Featured speaker, GirlTalk Festival, Newport Beach, CA.
Ho, J. (November 19, 2019). *How to stop self-sabotaging your goals*. Keynote speaker, A New Time to Define Women's Leadership: Annual Women's Leadership Luncheon, Malibu, CA.
Ho, J. (October 30, 2019). *Reducing Burnout Among Caregivers*. Invited featured speaker, Twenty-Second Annual Sarnat Symposium, Encino, CA.
Ho, J. (October 19, 2019). *Burnout and Wellness Among Physicians*. Invited featured speaker, Kaiser Permanente's Annual Women in Medicine Conference, Downey, CA.
Ho, J. (June 29, 2019). *No More Drama: Making Your Workplace Relationships Work*. Invited speaker, Girlboss Rally LA, Los Angeles, CA.
Ho, J. (February 27, 2019). *Burnout Busters for Your Personality Type*. Keynote speaker, Master the Disaster Annual Conference for First Responders, Ventura, CA.
Ho, J. (October 2, 2018). *Lighting the Way*. Keynote speaker, Women's Leadership Luncheon, Malibu, CA.
Lawford, C. K., Klein, D., Ho, J., Scholz, R., Fong, T., & Garbe, K. (August 28, 2018). *Fact or Fiction: The Truth About Addiction*. Panel presentation, Milestones Addiction Series, Agoura Hills, CA.
Ho, J. (November 14, 2017). *Cognitive Injury and Addiction*. Featured speaker, Costa Mesa Providers Conference sponsored by Constellation Behavioral Health, Costa Mesa, CA.
Ho, J. (September 21, 2017). *The Triple Threat: Assessment Techniques for Clinicians Working with Complex Cases of Multiple Diagnoses*. Featured speaker, The Innovator's Dilemma Conference sponsored by Constellation Behavioral Health, Chicago, IL.
Ho, J. (August 28, 2017). *Media, Social Comparisons, and Self-Esteem in Young Women*. Featured speaker, Press Conference sponsored by TRESemmé, New York, NY.
Ho, J. (July 26, 2017). *Addiction, the Brain, and Neuropsychological Findings*. Keynote address, Women's Association for Addiction Treatment Monthly Meeting in Malibu, CA.
Ho, J. (July 2016). *Teaching to Your Personality*. EdTalk, 2016 California Teachers Summit, Los Angeles, CA.
Ho, J. (April 2016). *Living a Values-Based Life*. Featured speaker, Pepperdine University's Women and Lifelong Learning Seminar Series, Los Angeles, CA.
Ho, J. (February 2015). *Keynote: Your Career, Your Story*. Keynote speaker, 2015 Pepperdine University Annual Career Week, Los Angeles, CA.

Ho, J. (May 2014). *Benefits of Psychological Testing in diagnosing and treating disruptive physicians and in promoting recovery and relapse prevention*. Special speaker series, Riverside County Medical Association Annual Meeting, Riverside, CA.
Ho, J. (April 2014). *Keynote Address to Women in Science*. Keynote speaker, 2014 Orange County Graduate Women in Science Annual Conference, Irvine, CA.
Ho, J. (November 2013). *Original Music Contribution to Mirrors of the Mind 2: The Psychotherapist as Artist*. Los Angeles County Psychological Association Art Exhibition, Los Angeles, CA.
Ho, J. (October 2013). *Innovation, Tradition, and Identity*. Panel speaker, Pepperdine Faculty Conference, Westlake Village, CA.

Peer-Reviewed Conference Presentations and Invited Academic Lectures
Ho, J. (February 22, 2024). *Neuropsychological Sequelae of Cannabis Use in Teens*. University of California, Irvine, Neuropsychological Practicum Grand Rounds.
Ho, J. (June 9, 2020). *Burnout Recovery for Your Personality Type*. Grand rounds speaker, Kaiser West Los Angeles, West Los Angeles, CA.
Mirbod, V., Duarte, J., Ho, J., & Kim, L. (April 27, 2018). *NAPS: Development and Pilot of the Nutritional And Psychosocial Support Program*. Poster presentation, 2018 Western Psychological Association Annual Meeting, Portland, OR.
Kim, L., & Ho, J. (June 2017). *Development and Pilot of an Integrated Mental Health and Nutrition Education Program for WIC Participants*. GSEP Research Project and Symposium, Malibu, CA.
Blum, E., Rogers, G., & Ho, J. (October 2013). *Juvenile Justice: Effectiveness of Three Rehabilitation Techniques on Juvenile Offenders*. Poster presentation, Los Angeles County Psychological Association Annual Meeting, Culver City, CA.
Cencirulo, J., Brooks, L., & Ho, J. (October 2013). *The Relationship Between Self-Efficacy and Theater: Where We Are*. Poster presentation, Los Angeles County Psychological Association Annual Meeting, Culver City, CA.
Cale, E. J., Palacio, N., & Ho, J. (March 2013). *Juvenile Offenders: A Review of Gender Differences in Mental Health and Treatment Effectiveness*. Poster presentation, American Psychology-Law Society (Division 41, American Psychological Association) Annual Meeting, Portland, OR.
Brown, T. E., Ho, J., Tsong, Y., Moss, N., & Cale, E. J. (October 2012). *Effectiveness of community implementations of Parent-Child Interaction Therapy (PCIT): A meta-analysis*. Paper presentation, International Organization of Social Sciences and Behavioral Research Annual Meeting, Las Vegas, NV.
Brown, J., Nguyen, H., Tooley, E., Rouault, R., Ho, J., Cale, E. J., Janulaitis, D., & Moss, N. (October 2012). *Implementing a Curriculum-Based Performance Arts/Social-Skills Building Program for At-Risk Youth*. Workshop, International Organization of Social Sciences and Behavioral Research Annual Meeting, Las Vegas, NV.
Barton, J. D., Anderson, K., Rogers, G., & Ho, J. (October 2012). *Developing an educational program to increase parental motivation and youth engagement in mental health treatment*. Paper presentation, International Organization of Social Sciences and Behavioral Research Annual Meeting, Las Vegas, NV.
Kirby, J., & Ho, J. (October 2012). *Advancing the Case for Mindfulness-Based Training with Athletes*. Poster presentation, Association for Applied Sport Psychology Annual Meeting.
Ho, J. (September 2012). *Clinical Interventions for the Aging Population*. Seminar series, Los Angeles County Department of Mental Health (LACDMH), Los Angeles, CA.
Ho, J. (August 2012). *Challenges of Disseminating Manualized Cognitive-Behavioral Therapy in Two Urban Communities*. Symposium paper, Square Pegs in Round Holes? Challenges of Evidence-based Practice in Diverse Urban Communities (Chair: Harrell, S.), American Psychological Association Annual Meeting, Orlando, FL.
Rouault, R., Ho, J., Kirby, J., Palacio, N., & Zopel, W. (May 2012). *Problem Behaviors in Kinesthetic Learners*. Poster presentation, Association for Psychological Science Annual Meeting, Chicago, IL.
Ho, J. (April 2012). *The impact of a curriculum-integrated performance arts program on at-risk youths' emotional, behavioral, and social skills functioning*. Symposium paper, Social Skills, Self-Esteem, and Learning Styles in a Diverse Sample of At-Risk Youth: Correlates of Emotional/Behavioral Problems (Chair: Ho, J.), Western Psychological Association Annual Meeting, San Francisco, CA.

Ho, J., Palacio, N., Cale, E. J., & Janulaitis, D. (February 2012). *The STAGES Project: Implementing a creative program for social skills development in at-risk youth*. Interest group meeting, Southeastern Psychological Association Annual Meeting, New Orleans, LA.
Janulaitis, D., Ho, J., Cale, E. J., & Palacio, N. (February 2012). *How are you interacting? Parental views on youths' social skills development and implications for behavioral functioning*. Paper presentation, Southeastern Psychological Association Annual Meeting, New Orleans, LA.
Ho, J., Cale, E. J., Palacio, N., & Janulaitis, D. (2011). *The impact of a curriculum-integrated performance arts program on at-risk youth*. Paper presentation, International Organization of Social Sciences and Behavioral Research Annual Meeting, Las Vegas, NV.
Cale, E. J., Palacio, N., Janulaitis, D., & Ho, J. (2011). *Investigating parent-youth agreement: The effects of report discrepancy on problematic behaviors*. Paper presentation, International Organization of Social Sciences and Behavioral Research Annual Meeting, Las Vegas, NV.
Palacio, N., Janulaitis, D., Cale, E. J., & Ho, J. (2011). *Exploring learning styles in the classroom and their effects on problematic behaviors*. Paper presentation, International Organization of Social Sciences and Behavioral Research Annual Meeting, Las Vegas, NV.
Ho, J. (2011). *Engagement strategies for families in therapy*. Poster presentation, Western Psychological Association Annual Meeting, Los Angeles, CA.
Ho, J. (2010). *Perceptions of the acceptability of Parent Management Training among immigrant Chinese parents*. Invited lecture, UCLA Department of Psychiatry Fellow Meeting, Los Angeles, CA.
Ho, J., Zima, B., Bussing, R., & Tang, L. (2009). *Parental ADHD knowledge, medication and counseling treatment acceptability, and ADHD service use among African American, Latino, and Caucasian families*. Poster presentation, American Academy of Child and Adolescent Psychiatry Annual Meeting, Honolulu, HI.
Ho, J. (2007). *Clinical Perspective: Eating Disorders*. Invited lecture, San Diego State University, San Diego, CA.
Ho, J. (2007). *Working with ethnically diverse patients in psychotherapy*. Invited lecture/workshop, University of California, San Diego, Department of Psychiatry, La Jolla, CA.
Ho, J. (2007). *Innovative treatments for eating disorders*. Invited lecture/workshop, University of California, San Diego, Department of Psychiatry, La Jolla, CA.
Ho, J., & Rockwell, R. (2006). *Eating Disorders: Current research and treatment*. Invited lecture, San Diego State University, San Diego, CA.
Ho, J. (2006). *Eating Disorders: An introduction and what you can do to help*. Invited lectures/workshops, various secondary schools, San Diego, CA.
Huang, C., Ho, J., Liang, J., Martinez, J., Yeh, M., & Hough, R. (2006). *Examining the relationship between acculturation, beliefs about causes, and mental health service use*. Poster presentation, Western Psychological Association Annual Meeting, Palm Springs, CA.
Martinez, J., Yeh, M., Ho, J., Huang, C., Liang, J., & Hough, R. (2006). *An exploration of service types, race/ethnicity, and mental health treatment outcomes for children with mental health disorders*. Poster presentation, Western Psychological Association Annual Meeting, Palm Springs, CA.
Ho, J., McCabe, K., & Yeh, M. (2005). *Cultural issues in mental health services for Latino youth and evidence-based treatment for Mexican-American families with pre-schoolers with behavior disorders*. Invited lecture/workshop, Latino Social Work Network Annual Meeting, San Diego, CA.
Ho, J., Yeh, M., & Hough, R. (2005). *Race/ethnicity, acculturation and outcomes for children*. Poster presentation, Western Psychological Association Annual Meeting, Portland, OR.
Ho, J., Yeh, M., & Hough, R. (2005). *Race/ethnicity, culture, and mental health services and outcomes for children*. Poster presentation, American Psychological Society Annual Meeting, Los Angeles, CA.
Ho, J., Yeh, M., McCabe, K., & Hough, R. (2004). *Race/ethnicity, parental cultural affinity, and mental health services for children*. Poster presentation, American Psychological Association Meeting, Honolulu, HI.
Ho, J. (2001). *Are role models important?* Invited lecture, UC Berkeley Psychology Meeting, Berkeley, CA.

RESEARCH EXPERIENCE

08/15–present	**Pepperdine University Graduate and Professional Schools Institutional Review Board, *Chair***

	Develop initiatives and actions to ensure federal compliance and IRB independence; establish efficient, organized, systematic, and thorough reviews, and oversee strategic plans to accomplish these goals for all four of Pepperdine's Graduate Schools (Graduate School of Education and Psychology, Pepperdine Graziadio Business School, Caruso School of Law, and School of Public Policy). Promote a culture consistent with the objectives of Pepperdine's Human Research Protection Program (HRPP), with special emphasis on the respect for and protection of individuals participating in research at the University. Strengthen the protection of research participants by ensuring the proper review, approval, disapproval or determination of exemption from further review of research protocol submissions to the IRB. Preside over meetings of the fully convened IRB and ensure that the IRB carries out its duly authorized responsibilities as required by federal regulations, ethical principles, state laws and University policy. Review and approve protocol submissions that qualify for expedited and exempt review pursuant to federal regulations, ethical principles, state laws and University policies, or delegate such authority to a qualified and experienced IRB member to conduct such review and approval. Ensure membership of the IRB is recruited, appointed, trained, and oriented such that the IRB is duly qualified to fulfill its obligations to review, require modifications to, approve (or disapprove) research protocols that represent the breadth of research submitted to the IRB by Pepperdine researchers. Develop and implement Pepperdine's Human Research Protection Program (HRPP) policies and procedures. Confer as a liaison between the HRPP and the University research community to promote communication and understanding of the concerns of the IRB, the research community and other HRPP partners. Direct reports related to safety, noncompliance, unanticipated problems in research and adverse events are reviewed, attended to and reported pursuant to federal regulations, state laws and University policy. Respond to local and federal investigations relating to protocols and actions, as required. Led development towards IRB Independence by enacting policies and hiring and training personnel that encourage unbiased reviews and decision processes free of conflicts of interest and social influence. Originate and manage the IRB Continuing Education Program for faculty, research staff, students, and IRB Members.
08/10–present	**CREATE Lab, *Principal Investigator*** Design, develop, and direct research projects to achieve the overarching goal of the CREATE Lab, which is to improve the delivery of evidence-based mental health care to high need populations in primary care, community mental health, and school based settings by developing and disseminating interventions that will enable youth and families from ethnically and demographically diverse populations, especially low-income communities to have access to and utilize empirically-driven, effective care at various levels of intervention (universal, selective, and indicated). Lead 15-20 student research assistants each school year and collaborate with various community partners to achieve lab goals. Four ongoing projects are underway in various stages of development, data collection, data analyses, and manuscript preparation. The first project, STAGES, which was the beneficiary of a small Pepperdine-based grant (Coastal) focuses on improving emotional and behavioral functioning in at-risk middle school students through the use of an artistic performance-based summer program designed by the Principal Investigator. Collaborated with the Santa Monica–Malibu Unified School District and implemented this program with more than 160 academically and/or behaviorally at-risk students over three consecutive summers (2011, 2012, 2013) after an initial two-year development period (2009–2011), and collected baseline and follow-up data on the students, their parents, and classroom teachers in two of the three years. The second project, PARTY, focuses on identifying the factors that present barriers to receiving professional mental health services in socio-

	demographically disadvantaged groups, and understanding the strategies that help these families to engage in needed treatment in order to prevent negative outcomes for the individuals and society at large. Quantitative and qualitative data were collected from community therapists in 2013. Data from both projects have been analyzed and interpreted, and the results are in the process of dissemination through completed presentations and manuscripts which have been submitted for review. The two most recent research projects naturally follow from the earlier two projects, and involve the development of psychoeducational manuals designed for implementation with parents and teachers in at-risk communities. The third project, PEP4SAFE, builds upon the work of the PARTY Project. A manualized psychoeducational program for parents and teachers is currently being finalized to educate them on common childhood emotional/behavioral problems, to teach evidence-based techniques to modify behavior and address emotional difficulties in children, and to educate these gatekeepers when problems require professional referral. Manuals have been finalized and pilot studies are underway to assess the utility and effectiveness of this program. The fourth project, NAPS, aims to improve health outcomes by supporting mental health in low-income and high need women in LA County. Specifically, this project seeks to build a sustainable infrastructure for delivering mental health support services to women in the Special Supplemental Nutrition Program for Women Infants and Children (WIC). A cross-disciplinary service learning program was developed in collaboration with PHFE-WIC with pilot testing commencing in January 2017. Parent participants in the WIC program who have post-partum depression symptoms received training in evidence-based support strategies based in Cognitive Behavioral Therapy without additional financial burden.
10/16–present	**Constellation Behavioral Health, Residential Treatment Program Evaluation, *Consulting Investigator*** Evaluated and critiqued year 1 pilot study methods, results, and discussion to strengthen and optimize data collection and analysis in year 2 pilot study. Create and direct recommended study protocol for year 2, develop mixed methods analytic plan, analyze data and interpret findings to create presentation materials to disseminate results to key stakeholders.
08/07–07/10	**University of California Los Angeles Department of Psychiatry, *Postdoctoral Fellow*** *Mentors: James McCracken, MD; Bonnie Zima, MD* Received a 2-year NIMH Institutional Training Grant (T32, PIs: McCracken & Piacentini) titled “The Science of Child Mental Health Treatment,” held during the second and third years of this fellowship; the first year was completed under Dr. Zima. Published one first-authored review chapter on innovative evidence-based treatments for ethnic minority youth with conduct disorders. Produced several research manuscripts regarding how parental beliefs, knowledge, and attitudes towards child mental health care affect actual service use for low-income Latino, African American, and immigrant Chinese families. Presented research findings at American Academy of Child and Adolescent Psychiatry Annual Meeting 2009 and UCLA Psychiatry “Grand Rounds.” Expanded on research methodologies and software knowledge, including multivariate techniques, mixed methods analyses, multiple and logistic regression analyses, and syntax programming in SPSS, SAS, and STATA software.
09/02–08/07	**Children’s Hospital San Diego Child/Adolescent Services Research Center, *Research Fellow*** *Supervisor: May Yeh, PhD* Received a Pre-doctoral Training Grant “Race/Ethnicity, Acculturation, and Outcomes.” Published one first-authored review chapter on racial/ethnic disparities in mental health services for youth, one first-authored peer-reviewed research manuscript on the influence of parental acculturation on youth mental health service use for ethnically diverse youth,

	and a peer-reviewed research manuscript on the influence of parents' etiological explanations for child's emotional/behavioral problems on special education service use. Presented research findings at several national conferences and university lectures including American Psychological Association, Association for Psychological Science, Western Psychological Association, and "Grand Rounds." Supervised two doctoral and two master's students on grant proposals, conference presentations, data analyses, and manuscript development. Spearheaded a team of five researchers to develop a published (2007) theoretical/conceptual model explaining factors leading to racial/ethnic disparities in mental health care for families. Designed and implemented interview protocol for a NIMH-funded longitudinal study which examined cognitive consensus between youth, parents, and therapists in child mental health treatment. Trained undergraduate and graduate student research associates in standardized data collection strategies. Mastered use of SPSS software and conducted multiple and logistic regression analyses and multivariate analyses.
08/00–05/01	**University of California, Berkeley Psychology Honors Thesis Program, *Student Researcher*** *Supervisors: Irving Zucker, PhD, Oliver John, PhD* Innovated assessment protocol to assess youths' relationships with peer and adult role models. Collected data from 35 youth and families, conducted statistical analyses, and interpreted findings. Completed honors thesis manuscript which received a high honors distinction from a faculty panel. Presented research findings at annual departmental conference.
09/00–10/01	**University of California Berkeley Behavioral Neuroscience**, ***Research Apprentice*** *Supervisor: Seth Roberts, PhD* Optimized recruitment and data collection procedures. Evaluated outcomes of behavioral intervention strategies for sleep disorder patients. Produced reports for research team.
09/00–06/01	**University of California Berkeley Institute of Personality and Social Research, *Research Assistant*** *Supervisor: Oliver John, PhD* Organized research team tasks for a large-scale longitudinal clinical depression treatment outcome study. Produced progress reports to funding agencies. Conducted data analyses using SPSS.
08/99–06/00	**University of California, Berkeley Institute of Human Development, *Research Assistant*** *Supervisor: Stephen Hinshaw, PhD* Administered neuropsychological assessments and standardized interview protocols for youth with Attention Deficit Hyperactivity Disorder. Conducted data analyses using SPSS.
01/00–05/00	**University of California, Berkeley Cognitive Psychology, *Undergraduate Researcher*** *Supervisor: William Prinzmetal, PhD* Designed a variation of the Posner Task to examine attention and executive functions in college students. Led recruitment and data collection for 20 subjects. Managed study database and completed monthly research reports based on study findings.

TEACHING EXPERIENCE

08/10–present	**Pepperdine University Graduate School of Education and Psychology, *Tenured Professor*** Active as a tenured professor in the Graduate School of Education and Psychology at Pepperdine University. Course Lead for the Pepperdine University online masters program. Design curriculum, lecture/lesson plans, exams, assignments, and evaluation/grading criteria for doctoral level cognitive assessment course, social bases of behavior course, and statistics and methods course; and masters level psychopathology course, behavioral management course, capstone scientific writing and research course, and social psychology course. Spearhead development of capstone Masters of Arts

	course integrating research methods and clinical service work to guide student production of a critical literature review and grant proposal. Direct development of social psychology course across the department as course coordinator. Participate in the following University committees: PsyD Doctoral Program Student Selection Committee; Masters (MA, MFT) Program Curriculum Committee; Doctoral Program Curriculum Committee; Diversity Council; Rank, Tenure, and Promotion Committee; Student Learning Outcomes Committee; Diversity Officer of GSEP; Faculty Sponsor for the Association of Neuropsychology Students in Training (ANST); Faculty Sponsor for the Asian American Psychology Student Association; and the Iranian Psychology Student Association. Directed doctoral and master student research and chaired over twenty student dissertations to date. Preside as co-examiner of advanced doctoral student clinical comprehensive exams required for clearance to clinical internship. Received excellent feedback from students on end-of-course written evaluations, with ratings averaging between 4.5 and 5 for all criteria (on a scale of 1-5, 1 = low and 5 = high).
08/09–09/09	**University of California Los Angeles Department of Psychology, *Course Instructor*** Created curriculum, lectures/lesson plans, exams, assignments, and evaluation/grading criteria for an accelerated upper division developmental psychology course of 56 students. Implemented all lectures and used innovative teaching techniques including use of video, audio, and internet-based media, games, demonstrations, role-play activities, and real-world applications. Supervised 2 doctoral teaching assistants, conducted observations of their discussion sections, and provided feedback to reinforce their accomplishments and recommend areas for improvement. Advised students needing additional academic assistance, facilitated exploration of possible career paths post-college. Received excellent feedback from students on end-of-course written evaluations, with ratings averaging between 8 and 9 for all criteria (on a scale of 1-9, 1 = low and 9 = high).
01/06–06/06	**San Diego State University Department of Psychology, *Course Instructor*** *Supervisor: Elizabeth Klonoff, PhD* Designed curriculum, lectures/lesson plans, exams, assignments, and evaluation/grading criteria for an upper division Statistics for Psychology course of 25 students. Delivered all lectures using meaningful ways to relate statistical analyses to real-world applications and datasets. Simplified learning of complex statistical concepts and utilized repetition and variety to ensure student mastery of material. Supported student learning through creation of periodic review sessions, facilitation of study groups, and orchestration of monthly individual feedback meetings. Received excellent feedback from students on end-of-course written evaluations, with ratings averaging between 4.5 and 5 for all criteria (on a scale of 1-5, 1 = low and 5 = high).
08/05–12/05	**San Diego State University, Department of Psychology, *Teaching Assistant/Guest Lecturer*** *Supervisor: May Yeh, PhD* Created exam questions for two midterms and a final exam and developed evaluation criteria for an upper division developmental psychopathology course of 80 students. Innovated review guides for exams based on scaffolding principles and spearheaded three review sessions. Designed and implemented two lectures on attention deficit hyperactivity disorder and autism spectrum disorder. Focused student learning by providing academic assistance and tutoring sessions outside of class. Received excellent feedback from students on end-of-course written evaluations, with ratings averaging between 4.2 and 5 (on a scale of 1-5, 1 = low and 5 = high).
06/01–08/01	**Lincoln Child Center Special Education Day School – Oakland, CA, *Instructional Associate*** *Supervisor: Monica Guerrera*

	Directed academic planning and formulated individualized curriculum for Math, Science, and Visual Arts, and developed evaluation criteria for 50 special education students. Taught special education and emotionally disturbed (ED) children age 6-12, developed progress reports on students' academic performance, and informed school personnel and parents of learning outcomes. Determined and measured academic benchmarks with the goal of mainstreaming appropriate students to public high schools in accordance with least restrictive setting guidelines.

GRANTS AND FELLOWSHIPS

Ho, J. & Kim, L. (January 2016 – 2019). Healthy Body and Mind Project. The Office of Vice Provost for Research and Strategic Initiatives. $9,000.
Ho, J. (August 2011 – 2012). STAGES Project: The effects of arts programs on at-risk youths' emotional/behavioral functioning. Children's Outreach: Advancing Social Transformation and Learning (COASTAL) Research Grant. (UODNS-30STAGESJHO). $1,200.
Ho, J. (July 2008-2010; PI: McCracken & Piacentini). The Science of Child Mental Health Treatment. National Institute of Mental Health (T32 MH073517-01A1). $82,670.
Ho, J. (April 2005-August 2007). Race/Ethnicity, Acculturation, and Outcomes. National Institute of Mental Health (1 F31 MH071939-01), $69,710.

HONORS AND AWARDS

National Institute of Mental Health, Ruth L. Kirschstein NRSA Institutional Research Fellow, 2008-2010
National Institute of Mental Health, Ruth L. Kirschstein National Research Service Award Fellow, 2005-2007
University of California San Diego Graduate Student Travel Award Recipient, 2004
San Diego State University Graduate Student Travel Award Recipient, 2004
American Psychological Association, Minority Fellowship Program Alternate, 2004
Phi Kappa Phi Honors Society, 2003-2007
High Honors Designation, UC Berkeley Psychology Honors Thesis Program, 2000-2001
National Dean's List, 2000-2001

MEDIA AND PUBLIC SCHOLARSHIP

Podcasts
Host, *Savvy Psychologist*, Quick and Dirty Tips / Macmillan (2026–present). Weekly evidence-based psychology podcast.
Host, *Little Minds, Big Questions*, American Academy of Pediatric Neuropsychology (2026–present).
Host, *Supercharged Life*, Stage 29 Productions (2025–2026).
Host, *Mental Health Bites* (2024–2026).

Writing and Digital Platforms
Author, *Dr. Judy Ho Newsletter* — subscription newsletter on applied psychology.
Contributing writer, Psychology Today, Reader's Digest, Forbes Health, Greater Good.

Television, Film, and Media Commentary
Has served as co-host and featured psychological expert on national television and documentary programming, and provides psychological commentary to national print, broadcast, and digital outlets.

PROFESSIONAL LEADERSHIP

2020–present	**American Academy of Pediatric Neuropsychology, *Board of Directors; President-Elect (2024–2026); Treasurer (2020–2023)*** Serve on the Board of Directors, hold responsibility for the organization's finances as Treasurer, chair the Membership Committee, and sit on the Executive and Finance

	Committees. Elected President-Elect for the 2025–2026 term, assuming the presidency in 2027. With the executive leadership team, reversed the organization's financial position over this period, growing the operating budget from under $50,000 to more than $500,000, and advise the board on financial strategy and expenditure. The resulting revenue funded a substantial expansion of programming for members and the lay community, including continuing-education workshops, member events, and journal club conferences. As Membership Committee Chair, grew membership from fewer than 400 to more than 1,000. Launched newsletter and podcast initiatives that bring pediatric neuropsychology to parents, teachers, and adolescents. Lead the board through an executive leadership transition, including interim staffing and the search for a permanent executive director. Serve on the editorial board of the organization's journal and direct the annual Fall Symposium, including program development, speaker selection, and continuing-education accreditation.
08/12–present	**American Board of Professional Psychology, *Exam Committee, Member (08/12 – 09/16) and Chair (10/16 – present)*** As Chair, direct the written and oral examination process for board certification in Clinical Child and Adolescent Psychology. Set examination procedure in coordination with the central ABPP office, constitute and brief review committees, and ensure candidates are assessed consistently and fairly across cohorts. Evaluate candidates' written materials against the specialty criteria — specialty training, clinical experience, research experience, and ethical practice — and determine readiness to advance to the oral examination. Serve as liaison among the central office, candidates, and examiners on candidate progress and examination policy. As Committee Member (2012–2016), examined candidates in both the written and oral components and evaluated applicant materials for advancement.
08/09–12/15	**STAGES Project, *Founder and Executive Director*** Spearhead the development of a non-profit youth Theater/Performing Arts program to foster creativity, promote artistic exploration, and develop positive communication in children aged 9-12. Design curriculum, syllabus, and individual lesson plans using novel techniques involving media, experiential activities, games, and demonstrations. Coordinate program conceptualization, administration, and roll-out with Santa Monica–Malibu Unified School District personnel. Design adjunctive research and assessment component to evaluate youth academic, social, and health outcomes of participating in this program. Develop grant proposals to obtain funding for future program expansion.
2016–2018	**Faculty Association of the Graduate School of Education and Psychology (GSEP)** ***President (2017–2018), Vice President and President-Elect (2016–2017), and Member of Executive Committee (2016–2018)*** Provided a forum for the development, maintenance, and improvement of GSEP within the framework of the University mission statement. Facilitated enhancement of faculty morale and improvement of communication among GSEP faculty members and the administration at all levels within the University. Coordinated cooperation within GSEP and the balance of the University, and provided an opportunity for members of the faculty to express their opinions on matters of University policy. Led initiatives as sponsoring group for GSEP organizations not expressly set forth elsewhere within GSEP. Formulated, evaluated, and recommended policies to administration. Communicated opinions of the association to executive leadership of the University.
01/07–12/09	**National Postdoctoral Association Board of Directors, *Treasurer and Executive Committee Member*** Achieved a surplus in the General Operating Budget by end of fiscal year 2009 for a non-profit organization which serves the U.S. postdoctoral community, turning around a history of deficit spending from 2004 to 2007. Directed and oversaw all activities of the organization as a member of the Board of Directors. Supervised staff and provided

	consultation for organization's mission as Executive Committee member. Created and revised General Operating Budget for fiscal years 2008, 2009, and 2010. Revamped financial bookkeeping system to increase transparency of cash flows and facilitate accountability. Produced and presented monthly financial reports to Board of Directors and prospective funders. Implemented cost-cutting strategies, managed fundraising efforts, and innovated original income streams to promote organization's financial sustainability. Led Finance Committee in key fiscal decisions and supervised two staff members.
08/07–12/09	**Association of American Medical Colleges Group on Graduate Research, Education, and Training (GREAT), *Postdoctoral Representative*** Completed program development of 2009 Annual Meeting to provide professional development to the faculty and administrative leaders of biomedical PhD, MD, and postdoctoral programs. Evaluated national and local policy developments that affect the recruitment and retention of new scientists and provided direction on these issues to administrative leaders. Communicated and coordinated overlapping efforts between GREAT and National Postdoctoral Association (NPA) to serve U.S. post-doctorates. Advocated for national standardized postdoctoral training guidelines and revised the "NPA Postdoctoral Competencies" document, a collaborative effort of GREAT and NPA.

SERVICE AND PROFESSIONAL ACTIVITIES

Board of Directors, Advisory Boards, and Examination Boards

2026–present	Editorial Board, *Journal of Pediatric Neuropsychology (American Academy of Pediatric Neuropsychology)*
2025–present	Editorial Board, *Psychological Trauma: Theory, Research, Practice, and Policy (American Psychological Association)*
2021–present	Health Advisory Board, Forbes
2020–present	American Academy of Pediatric Neuropsychology, Board of Directors; President-Elect (2024–2026); Treasurer (2020–2023)
2019–2023	Board of Directors, Girl Scouts of Greater Los Angeles
2018–present	Erasing Families Documentary, Board of Advisors
2016–present	American Board of Professional Psychology, Examination Board Chair
2015–2019	Human Trafficking Legal Network, Board of Directors
2014	Linked Wellness, Advisory Board
2014	Larry King/Goode, Advisory Board
2012–2016	American Board of Professional Psychology, Examination Board Member

Review Activities

2026–present	Family Process, Reviewer
2024–present	Journal of Pediatric Neuropsychology, Reviewer
2023–present	Child and Youth Care Forum, Reviewer
2014	SAGE Open, Article Editor
2011–present	Psychological Trauma: Theory, Research, Practice, and Policy, Reviewer
2009	Journal of Consulting and Clinical Psychology, Reviewer
2009	BMC Public Health, Reviewer
2008	Journal of Clinical Child and Adolescent Psychology, Reviewer
2007	Archives of General Psychiatry, Reviewer
2006	Social Science & Medicine, Reviewer

Professional Committees

2022–2024	Pepperdine University GSEP Rank, Tenure and Promotion Committee, Member

2021–present	Pepperdine GSEP PsyD Steering Committee, Member
2017–2020	Pepperdine University Planning Committee, Member
2015–present	Pepperdine University Graduate and Professional Schools Institutional Review Board, Chair
2015–2020	Pepperdine University GSEP Hiring Committees (Various Positions), Member and Chair (2016)
2013–present	Pepperdine University Student Life Committee, Member
2011–2013	Pepperdine Graduate School of Education and Psychology Student Learning Outcomes Committee, Member
2010–present	Pepperdine University Doctoral Program in Psychology Student Selection Committee, Member
2010–present	Pepperdine PsyD Program Curriculum Committee, Member
2010–present	Pepperdine Masters Program Committee, Member
2010–present	Pepperdine Graduate School of Education and Psychology Diversity Council, Member
2010–2013	Pepperdine Rank, Tenure, and Promotion Committee, Member
2005–2006	SDSU/UCSD Psychology Joint Doctoral Program Faculty Search Committee, Member
2004–2006	SDSU/UCSD Psychology Joint Doctoral Program PhD Student Selection Committee, Member

Leadership in Professional Associations

2021–present	Faculty Advisor, Association of Neuropsychology Students in Training (ANST), Society of Clinical Neuropsychology Interest Group, Pepperdine University
2011–present	Faculty Advisor, Asian American Psychology Student Association, Pepperdine University
2011–present	Faculty Advisor, Iranian Psychology Student Association, Pepperdine University
2009–2013	Edgemar Theater Group, Child Non-Profit Arts Program Chair
2007–2009	UCLA Society of Postdoctoral Scholars, Executive Board Member and External Relations
2006–2008	Western Psychological Association, Graduate Student Representative
2005	Council of University Directors of Clinical Programs, Conference Facilitator

PROFESSIONAL AFFILIATIONS

2019–present	American Board of Pediatric Neuropsychology, Diplomate
2016–present	National Academy of Neuropsychology, Member
2016–present	International Neuropsychological Society, Member
2016–present	Society for Clinical Neuropsychology, APA Division 40, Member
2015–present	National Board of Forensic Evaluators, Diplomate
2015–present	American Psychology-Law Society, APA Division 41, Member
2011–present	American Board of Professional Psychology, Diplomate
2014–2016	Forensic Expert Witness Association, Member
2011–2015	International Organization of Social Sciences and Behavioral Research, Member
2011–2012	Southeastern Psychological Association, Member
2006–present	American Psychological Association, Member
2004–2012	Association for Psychological Science, Member
2004–2012	Western Psychological Association, Member

CONTINUING EDUCATION

List of continuing education highlights and certificate programs (completed and in progress) upon request.

LANGUAGES AND ADDITIONAL SKILLS

Mandarin: fluent speaking, reading, and writing; Cantonese and Taiwanese: conversational speaking. Spanish: basic conversational speaking; proficient reading.
Musician: pianist (40+ years), violinist (10+ years), singer (35+ years), composer (10 years). Dancer: Hip Hop (8 years), Jazz (4 years). Flying Trapeze Enthusiast (8 months of study, Level 4 of 5 Flyer) and hobbyist Magician (12 months of study).